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INSTRUCTION FOR DIABETIC PATIENT UNDERGOING BOWEL PREP

Diabetic patients undergoing a bowel preparation for colonoscopy or surgical procedures may require adjustments of the diabetic medication. Please read carefully the following instructions.

Your endocrinologist, family doctor, or this office should be contacted if there are any concerns or questions regarding these instruction or findings of high or low blood sugar readings over the course of the bowel preparation. Be sure to adequately increase the intake of fluids and juices during the preparation.

Test your blood sugar at least 4 - 6 times per day during this preparation. Also test blood sugar levels on the morning of your procedure.

PATIENTS ON ORAL HYPOGLYCAEMICS:

Continue to take the medication.

Be sure to adequately increase fluid intake and monitor the blood sugar levels at lease 4 — 6 times per day.

PATIENTS ON INSULIN:

Take half the usual Insulin dose on the day of the bowel preparation.

Take half the usual Insulin dose if there are evening Insulin requirements.

Be sure to adequately increase fluid intake and monitor the blood sugar levels at least 4 — 6 times per day.

Do not take any Insulin the morning of the procedure.

Test your blood sugar levels the morning of the procedure.

Overly high or low blood sugar readings may require further adjustments in Insulin requirements and your endocrinologist, family doctor, or this office should be contacted. Contact the Emergency Department if your doctors can not be reached.

If your procedure is scheduled in the afternoon arrangements will be made for you to arrive early at the hospital. At that time the blood sugar will be monitored and an intravenous started while awaiting the procedure.